

BREASTFEEDING

center of greenville



What to expect at your first visit:

- **Where** - Your first appointment will be in the new Breastfeeding Center of Greenville (BFC), located on the lower level of the Parkside Pediatrics medical building at **525 Verdae Blvd, Suite 100**.
- **Who** - You and your newborn will **both** be checked in as patients at the front desk. Research has proven that breastfeeding is more successful if mother and newborn are seen together.
- **Stats** - You and your newborn will have vital signs taken (temp and BP for you, temp and weight for baby).
- **Comfort** - Your newborn will be wrapped in a warm blanket and you will be offered a comfortable robe.
- **IBCLC** - A certified Lactation Consultant will meet with you to discuss your medical history, feeding goals, and feeding history. They will also observe you feed your baby and offer education and tips about breastfeeding management and increasing your comfort.
- **IBCLC Pediatrician** - A doctor will also examine you and your newborn, answer any further questions, and ensure that you leave with a feeding plan that supports your goals.

What to bring:

- **Supplies** - A diaper bag and any “gadgets” you may be using to assist in feeding other than a pump. You can bring your pump if you need assistance.
- **Feeding Log** - Log of the past 24 hours: times of feedings or pumping and how long, number of wet and dirty diapers, and if any supplement was given.
- **Information** - Your driver’s license and insurance card(s). We will be filing insurance for **both** you and your newborn and because of this, you could have **two** co-pays at checkout depending on the policies.
- **Questions** - Write down any questions you have in advance. This helps as there will be a lot of information discussed. Your “driver” (i.e. Dad, Grammy, etc.) can help in retaining the answers.

Things to consider:

- **Visit Time** - This visit will be a little longer than normal so that feeding concerns pertaining to both you and your newborn can be fully evaluated. **Both** you and baby will be seen as patients because you are a dyad pair and we need to care for you both. Please allow up to 1.5 hours for this appointment.
- **A team approach** - Our approach and model has been discussed with your OB. We are their partner to handle your breastfeeding related concerns.
- **We are the experts** - We are endorsed by The National Breastfeeding Center as a preferred provider for breastfeeding services. <http://www.nbfcenter.com/endorsement.html>
- **Come Early** - Plan to come a little early to fill out paperwork, or download here: www.parksidepediatrics.com
- Finally, please know that we are here to help, support, and care for you so you will be able to relax and enjoy this very special time as a family. Congratulations again!

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www.breastfeedingcenterofgreenville.com